



General Nutrition, Inc.
100 Hartsfield Center Way
Atlanta, GA 30354
Published Certificate of Analysis - 2026
<https://getgn.shop>

Premium Shilajit Gummies w/ Ashwagandha - Energy & Vitality
SKU: ROC945 Date: 1/21/2026 | Verified Third Party Lab

CERTIFICATE OF ANALYSIS

Product Name	Premium Shilajit Gummies w/ Ashwagandha - Energy & Vitality		
Product SKU	ROC945	Lot Number	258002801
Manufacture Date	January 03, 2024	Product Code	347-4773

ACTIVE INGREDIENTS	TEST METHOD	LABEL CLAIM (PER/1PC)	TEST REPORT	STATUS
Active Potency				
Shilajit Extract Powder (Minerals)	Verified by Process Control	25.0 mg	25.0 mg	PASS
Ashwagandha Root Extract	Verified by Process Control	3.33 mg	3.33 mg	PASS
Physical Characteristics				
Appearance	Visual	Reddish Brown Button Gummy	Complies	PASS
Filling Weight Variation	Direct Weighing	2.5g ± 10%	2.5g	PASS
Taste	Organoleptic	Raspberry & Watermelon	Confirm	PASS
Heavy Metals				
Lead (Pb)	USP <233>	≤ 0.5 µg/g	0.0119 µg/g	PASS
Mercury (Hg)	USP <233>	≤ 0.1 µg/g	< 0.0004 µg/g	PASS
Arsenic (As)	USP <233>	≤ 1.0 µg/g	0.00350 µg/g	PASS
Cadmium (Cd)	USP <233>	≤ 0.5 µg/g	< 0.002 µg/g	PASS
Microbiology				
Total Aerobic Microbial Count	USP <2021>	≤ 1000 CFU/g	< 10 CFU/g	PASS
Combined Yeast & Mold Count	USP <2021>	≤ 100 CFU/g	< 10 CFU/g	PASS
Escherichia coli	USP <2022>	Negative	Negative	PASS
Salmonella sp.	USP <2022>	Negative	Negative	PASS
Staphylococcus aureus	USP <2022>	Negative	Negative	PASS

Final Disposition

PASS

This product has been reviewed and approved by our FDA Approved Lab located in the United States of America.

The results reported in this Certificate of Analysis (COA) are truthful and representative of the lot. The finished product and all raw materials used to manufacture the batch have been found to meet required specification limits in accordance with 21 CFR 111 (cGMP) regulations and the product is duly released.

Analytical Highlights for Lot #258002801:

- **Active Potency:** Verified levels for **Shilajit Extract (25.0 mg)** and **Ashwagandha Root Extract (3.33 mg)** per gummy.
- **Safety & Purity:**
 - **Heavy Metals:** Confirmed compliance with USP <233> standards for Lead (**0.0119 µg/g**), Arsenic (**0.00350 µg/g**), Mercury, and Cadmium, all well below the $\leq 0.5\text{--}1.0$ µg/g safety limits.
 - **Microbiology:** Full safety screening confirmed as **PASS** (USP <2021/2022>) for pathogens including *E. coli*, *Salmonella*, and *S. aureus*. Microbial and Yeast/Mold counts were exceptionally low at **< 10 CFU/g**.
- **Physical Characteristics:** Reddish-brown button gummies with a **Raspberry & Watermelon** flavor. Moisture and weight variation (2.5g) are within specification.
- **Final Disposition:** **PASS**