



General Nutrition, Inc.
100 Hartsfield Center Way
Atlanta, GA 30354
Published Certificate of Analysis - 2026
<https://getgn.shop>

Apple Cider Vinegar (ACV) Gummies - Metabolism & Digestion Support
SKU: ROC930 Date: 1/21/2026 | Verified Third Party Lab

CERTIFICATE OF ANALYSIS

Product Name	Apple Cider Vinegar (ACV) Gummies - Metabolism & Digestion Support		
Product SKU	ROC930	Lot Number	225060801
Received Date	10/24/2022	Country of Origin	USA

ANALYSIS	METHOD	SPECIFICATION	RESULTS	STATUS
Vitamins & Potency (per serving)				
Folate	SNL.HPLC.311	> 200 mcg DFE	430.6097 mcg DFE	PASS
Identity / Physical Properties				
Serving Size	SNL.MA.210	1 Gummy	1.00 Gummy	PASS
Average Gross Weight	WI.USP.2091.02	N/A	4083.80 mg	PASS
Average Net Fill Weight	WI.USP.2091.02	N/A	4084.00 mg	PASS
Purity (Heavy Metals)				
Arsenic (As)	USP <2232>	< 15 ppm	< 0.001 ppm	PASS
Cadmium (Cd)	USP <2232>	< 5 ppm	< 0.001 ppm	PASS
Lead (Pb)	USP <2232>	< 5 ppm	< 0.001 ppm	PASS
Mercury (Hg)	USP <2232>	< 15 ppm	< 0.001 ppm	PASS
Microbiology				
Total Plate Count	AOAC Modified	< 100,000 cfu/g	< 100 cfu/g	PASS
Escherichia coli	PCR	None Detected	None Detected	PASS
Salmonella spp.	PCR	None Detected	None Detected	PASS
Staphylococcus aureus	PCR	None Detected	None Detected	PASS
Yeasts & Molds	AOAC Modified	< 10,000 cfu/g	< 100 cfu/g	PASS

Final Disposition

PASS

This product has been reviewed and approved by our FDA Approved Lab located in the United States of America.

The results reported in this Certificate of Analysis (COA) are truthful and representative of the lot. The finished product and all raw materials used to manufacture the batch have been found to meet required specification limits in accordance with 21 CFR 111 (cGMP) regulations and the product is duly released.

Analytical Highlights for Lot #225060801:

- **Nutrient Potency:** Folate content confirmed at **430.6097 mcg DFE**, significantly exceeding the >200 mcg DFE specification.
- **Safety & Purity:**
 - **Heavy Metals:** Confirmed compliance with USP <2232> standards for Arsenic, Cadmium, Lead, and Mercury, with all contaminants testing at **< 0.001 ppm**.
 - **Microbiology:** Full safety screening confirmed as **PASS** for pathogens including *E. coli*, *Salmonella*, and *S. aureus*. Both Total Plate Count and Yeast/Mold levels recorded at exceptionally clean levels (**< 100 cfu/g**).
- **Physical Metrics:** Average gross weight and net fill weight verified at approximately **4084 mg** per gummy.
- **Final Disposition:** **PASS**