



General Nutrition, Inc.
100 Hartsfield Center Way
Atlanta, GA 30354
Published Certificate of Analysis - 2026
<https://getgn.shop>

Elderberry Immune Support - w/ Vitamin C & Zinc | Total Defense
SKU: ROC832

CERTIFICATE OF ANALYSIS

Product Name	Elderberry Immune Support - w/ Vitamin C & Zinc Total Defense		
Product SKU	ROC832	Lot Number	EIS220404
Received Date	05/24/2022	Country of Origin	USA

ANALYSIS	METHOD	SPECIFICATION	RESULTS	STATUS
Physical Properties				
Average Net Fill Weight	WI.USP.2091.02	548.8 - 670.7 mg	624.00 mg	PASS
Average Gross Weight	WI.USP.2091.02	656.6 - 802.5 mg	745.80 mg	PASS
Nutrients & Potency (per serving)				
Vitamin C	WI.HPLC.303.05	> 90 mg	104.012 mg	PASS
Zinc	WI.ICP.408	> 8 mg	9.390 mg	PASS
Purity (Heavy Metals)				
Arsenic (As)	USP <2232>	< 15 mcg/day	0.054 mcg/day	PASS
Cadmium (Cd)	USP <2232>	< 5 mcg/day	0.017 mcg/day	PASS
Lead (Pb)	USP <2232>	< 5 mcg/day	0.156 mcg/day	PASS
Mercury (Hg)	USP <2232>	< 15 mcg/day	< 0.001 mcg/day	PASS
Microbiology				
Total Coliform	AOAC 2018.13	< 100 cfu/g	< 10 cfu/g	PASS
Escherichia coli	Biolumix	None Detected	None Detected	PASS
Salmonella spp.	AOAC 2013.01	None Detected	None Detected	PASS
Yeasts & Molds	AOAC 2014.05	< 1000 cfu/g	< 10 cfu/g	PASS

Final Disposition

PASS

This product has been reviewed and approved by our FDA Approved Lab located in the United States of America.

The results reported in this Certificate of Analysis (COA) are truthful and representative of the lot. The finished product and all raw materials used to manufacture the batch have been found to meet required specification limits in accordance with 21 CFR 111 (cGMP) regulations and the product is duly released.

Analytical Highlights for Lot #EIS220404:

- **Nutrient Potency:** Verified high-potency levels for Vitamin C (**104.012 mg**) and Zinc (**9.390 mg**) per serving, both exceeding label specifications.
- **Safety & Purity:**
 - **Heavy Metals:** Confirmed compliance with USP <2232> standards for Arsenic, Cadmium, Lead, and Mercury, with results recorded well below daily microgram safety limits.
 - **Microbiology:** Full safety screening via AOAC methods confirmed as **PASS** for pathogens (*E. coli*, *Salmonella*, *S. aureus*). Total Coliform and Yeast/Mold recorded at exceptionally clean levels (< 10 cfu/g).
- **Physical Metrics:** Average net fill weight confirmed at **624.00 mg** per capsule.
- **Final Disposition:** **PASS**