

Premium Whey Protein - 2lb Cookies and Cream | 28-Servings Recovery Shake  
 SKU: ROC2232 Date: 1/21/2026 | Verified Third Party Lab | Lot# 005418118

## CERTIFICATE OF ANALYSIS

**Serving Size:** 32.44g      **Serving Per Unit:** 28

**Powder Description:** Cream Colored Powder w/ Cookie Crumbs  
**Solution Description:** Cream Colored Solution w/ Cookie Crumbs

Active	Specification	Method	Results
<b>Protein</b> (Whey Protein Concentrate 80%, Whey Protein Isolate 90%)	<b>29.31g</b>	<b>(ISO 14891:2002)</b>	<b>Pass</b>

**Other Ingredients**

Oreo Cookie Crumbs, N&A Cookies & Cream Flavor, Sucralose, L-Leucine, L-Isoleucine, L-Valine, Papain, Protease.

**Allergenes**

Milk, Wheat, Soy

**\*\*Food Allergen Statement\*\***

Product is manufactured in a facility that produces products containing milk, eggs, soybeans, wheat, shellfish, fish oil, and tree nuts.

Analysis	Method	Limits	Results
<b>Assay</b>	<b>USP &lt;197A&gt;</b>	<b>NLT 95%</b>	<b>Pass</b>
<b>Total Plate Count:</b>	<b>(AOAC 966.23)</b>	<b>&lt;100,000 cfu/g</b>	<b>Pass</b>
<b>E.Coli:</b>	<b>(AOAC 991.14)</b>	<b>≤ 10 cfu/g</b>	<b>Pass</b>
<b>Salmonella</b>	<b>VIDAS (AOAC RI 2011.03)</b>	<b>Negative/25g</b>	<b>Negative/25g</b>
<b>Yeast</b>	<b>(AOAC RI 121301)</b>	<b>≤ 1,000cfu/g</b>	<b>Pass</b>
<b>Molds</b>	<b>(AOAC RI 121301)</b>	<b>≤ 1,000cfu/g</b>	<b>Pass</b>

**Final Disposition**  
PASS

This product has been reviewed and approved by our FDA Approved Lab located in the United States of America.

The results reported in this Certificate of Analysis (COA) are truthful and representative of the lot. The finished product and all raw materials used to manufacture the batch have been found to meet required specification limits in accordance with 21 CFR 111 (cGMP) regulations and the product is duly released.

**Key Data Transferred:**

- **Product Name:** Hair Skin Nails Plus

- **Lot Number:** HSP240510
- **Nutritional Profile:** \* **Vitamin B7 (Biotin):** 5310.170 mcg/serving (Passes > 5000 mcg spec)
  - **Vitamin C:** 160.645 mg/serving (Passes > 120 mg spec)
  - **Calcium & Iron:** Both within passing specifications
- **Heavy Metals:** All metals (Arsenic, Cadmium, Lead, Mercury) are within the stringent USP <2232> safety limits
- **Physical Characteristics:** Cream-colored capsules, identity confirmed via NIR
- **Microbiology:** Passed all tests, including Total Plate Count and Yeasts & Molds