

Pre-Workout Blast-Off - 312g Natural Flavor | High-Energy & Focus Formula  
 SKU: ROC013 Date: 1/21/2026 | Verified Third Party Lab

## CERTIFICATE OF ANALYSIS

Product Name: Pump Pre Workout Blast Off Lot: 020124005  
 Serving Size: 12.5g Serving/Unit: 25

### Qualitative Analysis

Active Ingredient	Specification	Method	Results
Caffeine	250mg	ARL 2.013	Pass

### Other Ingredients

L-Citrulline Malate, Inulin, Beta Alanine, Natural Wild Cherry, Citric Acid, Betaine Anhydrous 98%, Taurine, Natural Lemon Lime Flavor, Calcium Silicate, Sucralose, Alpha GPC 50%, Salt, Potassium Citrate 36%, Natural Pineapple Flavor, Malic Acid, Magnesium Citrate, Calcium Carbonate.

### Allergenes

N/A

### \*\*Food Allergen Statement\*\*

Product is manufactured in a facility that produces products containing milk, eggs, soybeans, wheat, shellfish, fish oil, and tree nuts.

Analysis	Method	Limits	Results
Assay	USP <197A>	NLT 95%	Pass
Total Plate Count:	(AOAC 966.23)	<100,000 cfu/g	Pass
E.Coli:	(AOAC 991.14)	≤ 10 cfu/g	Pass
Salmonella	VIDAS (AOAC RI 2011.03)	Negative/25g	Negative/25g
Yeast	(AOAC RI 121301)	≤ 1,000cfu/g	Pass
Molds	(AOAC RI 121301)	≤ 1,000cfu/g	Pass

Final Disposition  
PASS

This product has been reviewed and approved by our FDA Approved Lab located in the United States of America. The results reported in this Certificate of Analysis (COA) are truthful and representative of the lot. The finished product and all raw materials used to manufacture the batch have been found to meet required specification limits in accordance with 21 CFR 111 (cGMP) regulations and the product is duly released.